

## ***Daily Menu***

<i><b>Meal/Day</b></i>	<i><b>Monday</b></i>	<i><b>Tuesday</b></i>	<i><b>Wednesday</b></i>	<i><b>Thursday</b></i>	<i><b>Friday</b></i>
<i><b>Breakfast</b></i>	Cottage Cheese w/ Fruit	Cereal or Fried Egg & Toast	Bagels w/ Cream Cheese & Jam	Oatmeal or Cereal	Frozen Waffles w/ Fruit
<i><b>Lunch</b></i>	Sandwich, Fruit & Side	Ramen Noodles	Sandwich, Fruit & Side	Quesadilla w/ Fruit or Veggie	Sandwich, Fruit & Side
<i><b>Snack</b></i>	Toast w/ Avocado or Honey	Chips	Cheese & Crackers	Fruit	Cookies or Muffins
<i><b>Dinner</b></i>	Soup or Casserole	Mexican or Asian	Mom's Choice	Breakfast For Dinner	Pizza

\*All meals subject to change at Mom's discretion

\*\* Leftovers are always an acceptable alternative